

Become a Research Mentor

Compliments of CORE Faculty Development

- I. What is Mentoring and Why is it Important to be a Research Mentor?
Mentoring is a “helping”, guiding, encouraging relationship.

- II. How Can I Become a Good Mentor?
 - Listen to trainee’s ideas about research interests.
 - Ask questions about trainee’s research ideas.
 - Help the trainee to identify research questions.
 - Help the trainee to avoid pitfalls.
 - Help the trainee to understand and know the steps involved in conducting research (participate in research skills workshops).
 - Make sure that Institutional Review Board (IRB) approval has been requested and secured before launching the study.
 - Be available.
 - Help establish dates and “timelines”.
 - Encourage publication of research.
 - Refer trainee to appropriate sources and resources.

- III. How Do I Identify Others as Research Mentors?
 - Review your colleagues’ educational background and training. This could be an opportunity for peer mentoring.
 - Ask residents and program directors from residency programs for their research experience.
 - Check hospital IRB Committee.
 - Ask physician researchers.

- IV. What Research Resources Do We Have at the CORE?
 - Statistical Software (SPSS)
 - Support Resources (CORE Research)
 - Educational Materials